

MANITOWOC COUNTY PARENT CAFES SEPTEMBER 2019-MAY 2020 SEASON

Month	5 Strengths / Protective Factor	Theme Title	Community Wide Parent Café Dates	Different Abilities/Special Needs Parent Café Dates
			<p>Time: 5-7:30pm (2nd Tuesday of every month)</p> <p>Location: CESA#7 Head Start 1130 South 9th Street Manitowoc, WI</p> <p>Contact Person: Tracy Klesper 920-686-8715 tracyk@lakeshorecap.org</p>	<p>Time: 5-7pm (3rd Wednesday of every month)</p> <p>Location: Lakeshore CAP 702 State Street Manitowoc, WI</p> <p>Contact Person: Lisa Stephan 920-683-2792 lisastephan@co.manitowoc.wi.us</p>
SEPTEMBER – DECEMBER 2019				
SEPTEMBER 2019	Knowledge of Parenting and Child Development	Building Blocks of Parenting	<p>September 10, 2019</p> <p>Conscious Discipline Theme: Introduction to Conscious Discipline-Relationships</p>	September 18, 2019
OCTOBER 2019	Social and Emotional Competence of Children	Inside Out Emotions	<p>October 8, 2019</p> <p>Conscious Discipline Theme: Composure</p>	October 16, 2019
NOVEMBER 2019	Concrete Support in in Times of Need	Thankful for our Community	<p>November 12, 2019</p> <p>Conscious Discipline Theme: Assertiveness/Visual Routines</p>	November 20, 2019
DECEMBER 2019	Parental Resilience	Parent Pampering	<p>December 10, 2019</p> <p>Conscious Discipline Theme: Encouragement/Kindness</p>	December 18, 2019

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JANUARY –MAY 2020				
JANUARY 2020	Social Connections	Parenting Together	January 14, 2020 Conscious Discipline Theme: Choices/Communication	January 15, 2020
FEBRUARY 2020	Concrete Support in Times of Need	Circle of Support	February 11, 2020 Conscious Discipline Theme: Empathy	February 19, 2020
MARCH 2020	Parental Resilience	Filling Your Bucket	March 10, 2020 Conscious Discipline Theme: Positive Intent/Celebrations	March 18, 2020
APRIL 2020	Social Connections	Superhero Parent	April 14, 2020 Conscious Discipline Theme: Consequences/Problem Solving	April 15, 2020
MAY 2020	Social and Emotional Competence of Children	Planting Seeds for our Future	May 12, 2020 Conscious Discipline Theme: Review	May 20, 2020