

# Big or Small ... Worksite Wellness for All

This will be a great opportunity to learn how to get started  
or how to expand your wellness program...  
**No matter the size of the company or the budget!**



**September 26, 2019 • 11am-1pm**  
**Kaysun Corporation (5500 West Dr., Manitowoc)**  
Lunch and Door Prizes provided



Ben Harrison, CEO  
Kaysun Corporation



Cathy Ley, Director  
Aging Disability  
Resource Center

## Agenda:

- 11-11:30 **Registration/Lunch Provided**
- 11:30-11:45 **BIG Company Perspective**  
*Ben Harrison. Kaysun Corporation, CEO*
- 11:45-12:00 **SMALL Company Perspective**  
*Cathy Ley. Aging Disability Resource Center, Director*
- 12:00-12:30 **Tips for Healthy Employees and Bottom Line**
  - How to get started. *Kari Backhaus. YMCA*
  - Employee Engagement. *Randy Connour. Holy Family Memorial*
  - Biometrics and Beyond. *Debbie Dvorachek. Aurora Baycare*
  - Wellness Innovation. *Kristine Kath. Prevea Health*
  - Savings and Solutions. *Kristin Jacques. Bellin Health*
- 12:30-12:55 **Q & A/Panel Discussion**
- 12:55 **Survey and Closing**

Optional Kaysun Corporation Wellness Tours after the program (15 mins).

Register by September 20 at <http://bit.ly/MCWorksiteWell>

