

MENTAL HEALTH RESOURCES IN MANITOWOC COUNTY

(All phone numbers are area code 920 unless otherwise indicated)

EMERGENCIES

- Police/Fire/Ambulance.....911
- American Red Cross (natural disasters)684-6601
- Manitowoc County Sheriff's Dept (Non-emergency).....683-4200
- Manitowoc Police Dept (Non-emergency).....686-6500
- Two Rivers Police Dept (Non-emergency).....793-5511

HOTLINES/CRISIS LINES

- Manitowoc County Human Services-After Hours.....888-552-6642
- National Suicide Prevention Lifeline.....1-800-273-8255

COUNSELING/THERAPY REFERRALS

- ALANO Society for AA/NA meetings.....684-4040
- Aurora Behavioral Health Center.....683-9500
- Bellin Health Family Medical Center.....652-9310
- Community Wellness Counseling Center.....682-9275
- Day By Day, LLC.....793-3100
- Dynamic Family Solutions.....973-2937
- Holy Family Memorial Behavioral Health.....320-8600
- Innovative Counseling, Inc.....1-866-460-8848
- Lakeshore Community Health.....686-2333
- Lakeview Psychological Associates.....769-0152
- Lutheran Counseling and Family Services.....1-888-257-4011
- Manitowoc County Human Services.....683-4230
- Margaret Heffernan, Ph. D.....683-2090
- Nett-Work Family Counseling, LLC.....684-4114
- Paulette Sears, LPC.....682-4804
- Phoenix Behavioral Health Center LLP.....682-1131
- Riverhill Psychological Associates, S.C.....683-3220
- S.M.S. Counseling Services Inc.....684-6644

GENERAL SERVICES

- Lakeshore Family Resources (parenting resources for children with mental illness).....682-3737
- National Alliance on Mental Illness (NAMI) of Manitowoc County (advocates for access to services, treatment, support, & research).....682-7025 or 684-3998
- Painting Pathways Clubhouse (empowers individuals diagnosed with mental illness with a focus on recovery).....652-9952

COMMUNITY RESOURCES FOR MANITOWOC COUNTY

(All phone numbers are area code 920 unless otherwise indicated)

ABUSE

- Aging and Disability Resource Center (older & disabled adults).....683-4180
- Domestic Violence Center (domestic abuse/sexual assault).....684-5770
- Manitowoc County Human Services (children).....683-4230

EMPLOYMENT/FINANCIAL ASSISTANCE

- Wisconsin Job Center.....683-2888

FOOD

- Peter's Pantry.....682-6989
- Salvation Army Food Pantry.....686-8989
- St. Vincent de Paul Pantry.....682-9452
- Two Rivers Ecumenical Pantry.....793-5364
- WIC (Women, Infants, and Children) Program.....683-4526

HEALTH SERVICES

- Lakeshore Community Health.....686-2333
- Manitowoc County Health Department.....683-4155

HOUSING

- Lakeshore CAP.....682-3737

PARENTING RESOURCES

- Lakeshore Family Resources.....682-1742
- The Crossing.....242-7363

SENIOR CITIZENS

- Aging & Disability Resource Center.....683-4180
- Lakeland Care District.....652-2440
- Social Security Administration.....1-877-409-8430

TRANSPORTATION

- CR Mobility320-2237
- Medical Transportation Management.....1-866-527-9933
- Maritime Metro Transit.....683-4560

YOUTH

- RAYS (Runaway and Youth Services).....682-2816

**For other community resources, please call 211 or go to
www.211.org or www.healthiestmc.org**

10/30/2014