



Resource List for Active Schools

Wisconsin State Health Plan for Physical Activity & Strategies for Schools

<http://www.dhs.wisconsin.gov/physical-activity/school/index.htm>

Wisconsin DPI-Active Schools Toolkit & Core 4+ Website

<http://sspw.dpi.wi.gov/sspw-physicaled> & <http://www.activeschoolswi.org>

Energizing Brain Breaks from David Sladkey

(PAPER BOOK OR E BOOK WITH POWERPOINT & SMART BOARD DIGITAL VERSIONS-COST \$19.95/KIT)

<http://www.energizingbrainbreaks.com> | <http://brainbreaks.blogspot.com>

The American Heart Association

www.heart.org (Search the Educator Section)

(Local Contact) Tim Nikolai 1-800-242-9236 ext. 1418 or tim.nikolai@heart.org

Fuel Up to Play 60

<http://www.fueluptoplay60.com>

My Gym Shorts

A GROUP OF TEACHERS WHO HAVE FORMED MANY LESSON PLANS TO CREATE ACTIVE CLASSROOMS

www.mygymshorts.schoolspecialty.com

Spark

RESOURCE FOR ACTIVE PHYSICAL EDUCATION CLASSES AND IN CLASSROOM ACTIVITIES, ACTIVE FAMILIES

<http://www.sparkpe.org>

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